

Okeechobee County Schools

High School Breakfast

Mar 18, 2024

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| Monday | Tuesday | Wednesday | Thursday | Friday |
|--|--|--|--|--|
| | | | | Mar - 1 Egg & Cheese Hot Pocket Donut Rings Cereal & Muffin Variety of Fresh Fruit Variety of Fruit Cups Variety of Fruit Juice MILK 1% Lowfat Chocolate Milk Fat Free |
| Mar - 4 PBJ Sandwich/Cheesestick PopTarts w/ Cheese Stick Cereal & Muffin Variety of Fresh Fruit Variety of Fruit Cups Variety of Fruit Juice MILK 1% Lowfat Chocolate Milk Fat Free | Mar - 5 French Toast with Sausage Patties Cereal & Muffin Variety of Fresh Fruit Variety of Fruit Cups Variety of Fruit Juice MILK 1% Lowfat Chocolate Milk Fat Free | Mar - 6 Chix Poppers w/Waffle Donut Ring Cereal & Muffin Variety of Fresh Fruit Variety of Fruit Cups Variety of Fruit Juice MILK 1% Lowfat Chocolate Milk Fat Free | Mar - 7 Mini Pancakes/Sausages Cereal & Muffin Variety of Fresh Fruit Variety of Fruit Cups Variety of Fruit Juice MILK 1% Lowfat Chocolate Milk Fat Free | Mar - 8 Egg/Chs on Biscuit Yogurt Cup/Cinnamon Roll Cereal & Muffin Variety of Fresh Fruit Variety of Fruit Cups Variety of Fruit Juice MILK 1% Lowfat Chocolate Milk Fat Free |
| Mar - 11 NO SCHOOL TODAY | Mar - 12 NO SCHOOL TODAY | Mar - 13 NO SCHOOL TODAY | Mar - 14 NO SCHOOL TODAY | Mar - 15 NO SCHOOL TODAY |
| Mar - 18 NO SCHOOL TODAY | Mar - 19 Mini Pancakes/Bacon Donut Ring Cereal & Muffin Variety of Fresh Fruit Variety of Fruit Cups Variety of Fruit Juice MILK 1% Lowfat Chocolate Milk Fat Free | Mar - 20 Egg Patty/Chs Crossiant Yogurt Cup/Cinnamon Roll Cereal & Muffin Variety of Fresh Fruit Variety of Fruit Cups Variety of Fruit Juice MILK 1% Lowfat Chocolate Milk Fat Free | Mar - 21 Sausage Biscuit PopTarts w/ Cheese Stick Cereal & Muffin Variety of Fresh Fruit Variety of Fruit Cups Variety of Fruit Juice MILK 1% Lowfat Chocolate Milk Fat Free | Mar - 22 Donut Dunkin Stiks Cereal & Muffin Variety of Fresh Fruit Variety of Fruit Cups Variety of Fruit Juice MILK 1% Lowfat Chocolate Milk Fat Free |

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

** - denotes combined nutrient totals with either missing or incomplete nutrient data.*

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

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| Monday | Tuesday | Wednesday | Thursday | Friday |
|---|---|--|---|-----------------------------|
| Mar - 25 PBJ Sandwich/Cheesestick PopTarts w/ Cheese Stick Cereal & Muffin Variety of Fresh Fruit Variety of Fruit Cups Variety of Fruit Juice MILK 1% Lowfat Chocolate Milk Fat Free | Mar - 26 French Toast with Sausage Patties Cereal & Muffin Variety of Fresh Fruit Variety of Fruit Cups Variety of Fruit Juice MILK 1% Lowfat Chocolate Milk Fat Free | Mar - 27 Chix Poppers w/Waffle Donut Ring Cereal & Muffin Variety of Fresh Fruit Variety of Fruit Cups Variety of Fruit Juice MILK 1% Lowfat Chocolate Milk Fat Free | Mar - 28 Mini Pancakes/Sausages Cereal & Muffin Variety of Fresh Fruit Variety of Fruit Cups Variety of Fruit Juice MILK 1% Lowfat Chocolate Milk Fat Free | Mar - 29 NO SCHOOL TODAY |
| | | | | |

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