

Okeechobee County Schools

Middle School Lunch

Monday	Tuesday	Wednesday	Thursday	Friday
				Mar - 1 Pepperoni Pizza Chicken Patty Sandwich PBJ Jamwich Mozzarella Cheese Stick Sweet Yellow Corn Sandwich Trimmings Variety of Fresh Fruit Variety of Fruit Cups Variety of Fruit Juice MILK 1% Lowfat Chocolate Milk Fat Free Chocolate Milk Fat Free
Mar - 4 Chicken Poppers/Brdstick Ham/Chs on Hawaiian Bun Turkey & Cheese Sub PBJ Jamwich Mozzarella Cheese Stick Oven Fries Sandwich Trimmings Variety of Fruit Cups Variety of Fruit Juice MILK 1% Lowfat Chocolate Milk Fat Free Chocolate Milk Fat Free Ketchup Mayonnaise Packet 12 G Mustard	Mar - 5 Beef & Bean Burrito Bacon Cheeseburger Chef Salad Chicken Tenders/Roll Sandwich Trimmings Sweet Yellow Corn Refried Bean w/Chs Cucumbers & Dip Variety of Fresh Fruit Variety of Fruit Cups Variety of Fruit Juice MILK 1% Lowfat Chocolate Milk Fat Free Chocolate Milk Fat Free Ketchup Mayonnaise Packet 12 G Mustard	Mar - 6 Spaghetti Garlic Breadstick Yogurt Cup/Fruit Plate Chs MaxStixs w/Marinara Green Beans Red/Green Pepper Strips Variety of Fresh Fruit Variety of Fruit Cups Variety of Fruit Juice MILK 1% Lowfat Chocolate Milk Fat Free Chocolate Milk Fat Free	Mar - 7 Chicken Breaded Breast w/Roll Mexicali Salad All Beef Hotdog Yogurt Cup/Fruit Plate Mixed Vegetables Fresh Squash Slices/Dip Variety of Fresh Fruit Variety of Fruit Cups Variety of Fruit Juice MILK 1% Lowfat Chocolate Milk Fat Free Chocolate Milk Fat Free	Mar - 8 Deep Dish Cheese Pizza Peanut Butter & Jelly Mozzarella Cheese Stick Fresh Baby Carrots Variety of Fresh Fruit Variety of Fruit Cups Variety of Fruit Juice MILK 1% Lowfat Chocolate Milk Fat Free Chocolate Milk Fat Free
Mar - 11 NO SCHOOL TODAY	Mar - 12 NO SCHOOL TODAY	Mar - 13 NO SCHOOL TODAY	Mar - 14 NO SCHOOL TODAY	Mar - 15 NO SCHOOL TODAY

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

** - denotes combined nutrient totals with either missing or incomplete nutrient data.*

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

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Monday	Tuesday	Wednesday	Thursday	Friday
<p>Mar - 18</p> <p>NO SCHOOL TODAY</p>	<p>Mar - 19</p> <p>Taco Nachos Peanut Butter & Jelly Mozzarella Cheese Stick All Beef Hotdog Refried Bean w/Chs Tossed Salad Cup Variety of Fresh Fruit Variety of Fruit Cups Variety of Fruit Juice MILK 1% Lowfat Chocolate Milk Fat Free Chocolate Milk Fat Free</p>	<p>Mar - 20</p> <p>Salisbury Steak/Potatoes Dinner Roll Grilled Cheese Sandwich Chicken Hot Bites w/Roll PBJ Jamwich Green Beans Fresh Baby Carrots Variety of Fruit Cups Variety of Fresh Fruit Variety of Fruit Juice MILK 1% Lowfat Chocolate Milk Fat Free Chocolate Milk Fat Free</p>	<p>Mar - 21</p> <p>Chicken Parmesan w/Breadstic Ham/Chs on Hawaiian Bun Beef & Bean Burrito Chef Salad California Blend Veggies Cucumbers & Grape Tomatoes Variety of Fresh Fruit Variety of Fruit Cups Variety of Fruit Juice MILK 1% Lowfat Chocolate Milk Fat Free Chocolate Milk Fat Free</p>	<p>Mar - 22</p> <p>Pepperoni Pizza Chicken Patty Sandwich PBJ Jamwich Mozzarella Cheese Stick Sweet Yellow Corn Sandwich Trimmings Variety of Fresh Fruit Variety of Fruit Cups Variety of Fruit Juice MILK 1% Lowfat Chocolate Milk Fat Free Chocolate Milk Fat Free</p>
<p>Mar - 25</p> <p>Chicken Poppers/Brdstick Ham/Chs on Hawaiian Bun Turkey & Cheese Sub PBJ Jamwich Mozzarella Cheese Stick Oven Fries Sandwich Trimmings Variety of Fruit Cups Variety of Fruit Juice MILK 1% Lowfat Chocolate Milk Fat Free Chocolate Milk Fat Free Ketchup Mayonnaise Packet 12 G Mustard</p>	<p>Mar - 26</p> <p>Beef & Bean Burrito Bacon Cheeseburger Chef Salad Chicken Tenders/Roll Sandwich Trimmings Sweet Yellow Corn Refried Bean w/Chs Cucumbers & Dip Variety of Fresh Fruit Variety of Fruit Cups Variety of Fruit Juice MILK 1% Lowfat Chocolate Milk Fat Free Chocolate Milk Fat Free Ketchup Mayonnaise Packet 12 G Mustard</p>	<p>Mar - 27</p> <p>Spaghetti Garlic Breadstick Yogurt Cup/Fruit Plate Chs MaxStixs w/Marinara Green Beans Red/Green Pepper Strips Variety of Fresh Fruit Variety of Fruit Cups Variety of Fruit Juice MILK 1% Lowfat Chocolate Milk Fat Free Chocolate Milk Fat Free</p>	<p>Mar - 28</p> <p>Chicken Breaded Breast w/Roll Mexicali Salad All Beef Hotdog Yogurt Cup/Fruit Plate Mixed Vegetables Fresh Squash Slices/Dip Variety of Fresh Fruit Variety of Fruit Cups Variety of Fruit Juice MILK 1% Lowfat Chocolate Milk Fat Free Chocolate Milk Fat Free</p>	<p>Mar - 29</p> <p>NO SCHOOL TODAY</p>

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