## Okeechobee County Schools

Page 1 High School Lunch Mar 2, 2020

Monday	Tuesday	Wednesday	Thursday	Friday
Mar - 2	Mar - 3	Mar - 4	Mar - 5	Mar - 6
Salisbury Steak/Potatoes	Breaded Chicken	Spaghetti	PopCorn Chicken w/Rolls	Fiestada Pizza
Dinner Roll	Garlic Breadstick	Dinner Roll	Yogurt Cup/Fruit Plate	Spicy Chix/Baked Potato
Grilled Cheese Sandwich	Chef Salad	Chef Salad	Beef & Cheese Burrito	Dinner Roll
Flamin' Chicken Bites	Cheeseburger Sliders	Tornados w/Refried Beans	Spicy Chicken Sandwich	Chicken Ranch Wrap
Tornados w/Refried Beans	Spicy Chicken Sandwich	PopCorn Chicken w/Rolls	Pepperoni Pizza BigDaddy	Flamin' Chicken Bites
Spicy Chicken Sandwich	Buffalo Chicken Pizza	Flamin' Chicken Bites	Homestyle Baked Beans	Tornados w/Refried Beans
Broccoli in Cheese Sauce	California Blend Veggies	Green Beans	Variety of Fresh Fruit	Mixed Vegetables
/ariety of Fresh Fruit	Variety of Fresh Fruit	Variety of Fresh Fruit	Variety of Fruit Cups	Variety of Fresh Fruit
/ariety of Fruit Cups	Variety of Fruit Cups	Variety of Fruit Cups	Variety of Fruit Juice	Variety of Fruit Cups
/ariety of Fruit Juice	Variety of Fruit Juice	Variety of Fruit Juice	Fresh Vegetables Variety	Variety of Fruit Juice
resh Vegetables Variety	Fresh Vegetables Variety	Fresh Baby Carrots	MILK 1% Lowfat	Fresh Vegetables Variety
/IILK 1% Lowfat	MILK 1% Lowfat	MILK 1% Lowfat	Chocolate Milk Fat Free	MILK 1% Lowfat
Chocolate Milk Fat Free	Chocolate Milk Fat Free			
Chocolate Milk Fat Free	Chocolate Milk Fat Free	Chocolate Milk Fat Free		Chocolate Milk Fat Free
Mar - 9	Mar - 10	Mar - 11	Mar - 12	Mar - 13
Chicken Patty Sandwich	Breakfast for Lunch	Shepherd's Pie	Ravioli Mini's w/Meat Sauce	Stuffed Cheese Pizza
Turkey & Cheese Sliders	Grilled Cheese Sandwich	Dinner Roll	Toasted Garlic Bread	Bacon Cheeseburger
ogurt Cup/Fruit Plate	Spicy Chicken Sandwich	PBJ Twin Pack	Ham & Chs Triple Play	Flamin' Chicken Bites
Tornados w/Refried Beans	Buffalo Chicken Pizza	Boneless Chicken Wings	Chef Salad	Biscuit Sticks (ES,MS,HS)
Spicy Chicken Sandwich	Chef Salad	with Biscuit Sticks	Spicy Chicken Sandwich	Tornados w/Refried Beans
Spicy Wedge Potatoes	Hashbrown Rounds	Flamin' Chicken Bites	Cheeseburger Sliders	Variety of Fresh Fruit
/ariety of Fruit Cups	Variety of Fresh Fruit	Pork Rib-B Sandwich	Pepperoni Pizza BigDaddy	Variety of Fruit Cups
/ariety of Fruit Juice	Variety of Fruit Cups	Sweet Potato Waffle Fry	Corn on the Cob	Variety of Fruit Juice
/IILK 1% Lowfat	Variety of Fruit Juice	Green Beans	Variety of Fresh Fruit	Fresh Vegetables Variety
Chocolate Milk Fat Free	Fresh Vegetables Variety	Variety of Fresh Fruit	Variety of Fruit Cups	MILK 1% Lowfat
Chocolate Milk Fat Free	MILK 1% Lowfat	Variety of Fruit Cups	Variety of Fruit Juice	Chocolate Milk Fat Free
	Chocolate Milk Fat Free	Variety of Fruit Juice	Fresh Baby Carrots	Chocolate Milk Fat Free
	Chocolate Milk Fat Free	MILK 1% Lowfat	MILK 1% Lowfat	
		Chocolate Milk Fat Free	Chocolate Milk Fat Free	
		Chocolate Milk Fat Free	Chocolate Milk Fat Free	
Mar - 16	Mar - 17	Mar - 18	Mar - 19	Mar - 20
Spring Break	Spring Break	Spring Break	Spring Break	Spring Break

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

<sup>\*</sup>N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient.

<sup>\* -</sup> denotes combined nutrient totals with either missing or incomplete nutrient data.

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Page 2 High School Lunch Mar 2, 2020

Monday	Tuesday	Wednesday	Thursday	Friday
Mar - 23	Mar - 24	Mar - 25	Mar - 26	Mar - 27
No Teachers/ No Students	Breaded Chicken Garlic Breadstick Chef Salad Cheeseburger Sliders Spicy Chicken Sandwich Buffalo Chicken Pizza California Blend Veggies Variety of Fresh Fruit Variety of Fruit Cups Variety of Fruit Juice Fresh Vegetables Variety MILK 1% Lowfat Chocolate Milk Fat Free Chocolate Milk Fat Free	Spaghetti Dinner Roll Chef Salad Tornados w/Refried Beans PopCorn Chicken w/Rolls Flamin' Chicken Bites Green Beans Variety of Fresh Fruit Variety of Fruit Cups Variety of Fruit Juice Fresh Baby Carrots MILK 1% Lowfat Chocolate Milk Fat Free Chocolate Milk Fat Free	PopCorn Chicken w/Rolls Yogurt Cup/Fruit Plate Beef & Cheese Burrito Spicy Chicken Sandwich Pepperoni Pizza BigDaddy Homestyle Baked Beans Variety of Fresh Fruit Variety of Fruit Cups Variety of Fruit Juice Fresh Vegetables Variety MILK 1% Lowfat Chocolate Milk Fat Free Chocolate Milk Fat Free	Fiestada Pizza Spicy Chix/Baked Potato Dinner Roll Chicken Ranch Wrap Flamin' Chicken Bites Tornados w/Refried Beans Mixed Vegetables Variety of Fresh Fruit Variety of Fruit Cups Variety of Fruit Juice Fresh Vegetables Variety MILK 1% Lowfat Chocolate Milk Fat Free Chocolate Milk Fat Free
Mar - 30  Chicken Patty Sandwich Turkey & Cheese Sliders Yogurt Cup/Fruit Plate Tornados w/Refried Beans Spicy Chicken Sandwich Spicy Wedge Potatoes Variety of Fruit Cups Variety of Fruit Juice MILK 1% Lowfat Chocolate Milk Fat Free Chocolate Milk Fat Free	Mar - 31  Breakfast for Lunch Grilled Cheese Sandwich Spicy Chicken Sandwich Buffalo Chicken Pizza Chef Salad Hashbrown Rounds Variety of Fresh Fruit Variety of Fruit Cups Variety of Fruit Juice Fresh Vegetables Variety MILK 1% Lowfat Chocolate Milk Fat Free Chocolate Milk Fat Free			

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