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| **State Board of Education Rule**:  | [6A-1.094121](https://info.fldoe.org/docushare/dsweb/Get/Document-8601/dps-2019-110.pdf) Mental and Emotional Health Education  |
| Name of the School District  | Okeechobee  |
| Superintendent of the School District  | Ken Kenworthy |
| Implementation Period: (*MM/YY – MM/YY*) | 12/19-05/20 |
| Submission Date to the Commissioner | On 11/22/19 sent to MentalHealthEducation@fldoe.org |
| Direct URL to the Implementation Plan as posted on the school district website  | <http://www.okee.k12.fl.us/instructional-services-department> |
| School District Contact(s) for this Plan *(name and email address)*  |  Dr. Pat McCoy, mccoyp@okee.k12.fl.us |

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| Select the specific subject area(s) of the courses in which instruction will be delivered: |
| [ ]  Art – Visual Arts[ ]  Computer Education [ ]  Dance[ ]  Drama – Theatre Arts[x]  English/Language Arts | [ ]  Experimental Education[ ]  Health Education [ ]  Library Media [x]  Mathematics [ ]  Music Education  | [ ]  Peer Counseling[ ]  Physical Education [ ]  Research/Critical Thinking[x]  Science [x]  Social Studies | [ ]  World Languages[x]  Other   |
| Select the qualification(s) of the instructors for the above courses:  |
| [x]  Florida Certified Teacher [ ]  Community-based Expert[ ]  School Nurse[ ]  School Counselor[ ]  School Psychologist [x]  Other  |
| Please explain the rationale for delivering the instruction in the courses selected above for each grade level.6: This mental and emotional health education will be delivered in core classes with certified classroom teachers to ensure every student receives instruction (accountability) and the instruction is delivered by a highly qualified instructor. 7: This mental and emotional health education will be delivered in core classes with certified classroom teachers to ensure every student receives instruction (accountability) and the instruction is delivered by a highly qualified instructor.8: This mental and emotional health education will be delivered in core classes with certified classroom teachers to ensure every student receives instruction (accountability) and the instruction is delivered by a highly qualified instructor.9: This mental and emotional health education will be delivered in core classes with certified classroom teachers to ensure every student receives instruction (accountability) and the instruction is delivered by a highly qualified instructor.10: Sources of Strength will be delivered through peer mentoring groups which are supervised by adult advisors. The peer mentors will organize 3-5 campaigns per year dealing with mental health topics. 6-12: Hazelden Lifelines will be delivered through physical education and elective courses to ensure all students receive the information.  |
| Please describe the methods for delivering the instruction for each grade level. 6: Second Steps instruction will be delivered in homeroom weekly by the classroom teacher.7: Second Steps instruction will be delivered in homeroom weekly by the classroom teacher.8: Second Steps instruction will be delivered in homeroom weekly by the classroom teacher.9: Botvin Lifeskills training will be delivered in an extended period by classroom teachers -10 lessons per year. 10-12: Sources of Strength is based on a relational connections model that uses teams of peer leaders mentored by adult advisors to change peer social norms about help seeking and encourages students to individually assess and develop strengths in their life.6-12: Hazelden Lifelines Prevention comprehensive suicide awareness and responsiveness program will be delivered through electives, class meetings, and assemblies by the school counselor or crisis counselor. |
| Please describe the materials and resources that will be utilized to deliver the instruction for each grade level.6: The Second Step Middle School Program is a first-of-its-kind SEL curriculum that’s modern, web-based, and responsive to the needs of today’s students and educators. It’s underpinned by the latest research in adolescent brain development and social psychology, and it’s been refined through multiple pilot programs in classrooms across the country. 7: The Second Step Middle School Program is a first-of-its-kind SEL curriculum that’s modern, web-based, and responsive to the needs of today’s students and educators. It’s underpinned by the latest research in adolescent brain development and social psychology, and it’s been refined through multiple pilot programs in classrooms across the country. 8: The Second Step Middle School Program is a first-of-its-kind SEL curriculum that’s modern, web-based, and responsive to the needs of today’s students and educators. It’s underpinned by the latest research in adolescent brain development and social psychology, and it’s been refined through multiple pilot programs in classrooms across the country. 9: The Botvin *LifeSkills Training* (LST) High School program is a highly interactive, skills-based program designed to promote positive health and personal development for youth in grades 9. A study in the [*World Journal of Preventative Medicine*](https://www.lifeskillstraining.com/botvin-g-j-griffin-k-w-williams-c-2015-preventing-daily-substance-use-among-high-school-students-using-a-cognitive-behavioral-competence-enhancement-approach-world-journal-of-pre/) found that this program cuts drug abuse in half by helping adolescents navigate the challenges of their high school years and preparing them for the independence and responsibilities that they will encounter as young adults.10-12: Sources of Strength provides the highest quality evidence-based prevention for suicide, violence, bullying and substance abuse by training, supporting, and empowering both peer leaders and caring adults to impact their world through the power of connection, hope, help and strength.6-12: Hazelden Lifelines Prevention comprehensive suicide awareness and responsiveness program helps an entire school community, or community at large, prevent teen suicide, intervene with a teen who might be contemplating suicide, and respond when a suicide or any other type of traumatic death happens. |