

Okeechobee County Schools

High School Lunch

Page 1

Feb 13, 2019

Monday	Tuesday	Wednesday	Thursday	Friday
				Mar - 1 Personal Pepperoni Pizza Chicken Patty Sandwich Tornados w/Refried Beans Variety of Fresh Fruit Variety of Fruit Cups Variety of Fruit Juice Fresh Vegetables Variety MILK 1% Lowfat Chocolate Milk Fat Free Chocolate Milk Fat Free
Mar - 4 Salisbury Steak/Potatoes Dinner Roll Ham & Chs Triple Play Hot Bites Wrap Spicy Chicken Sandwich Homestyle Baked Beans Variety of Fresh Fruit Variety of Fruit Cups Variety of Fruit Juice Fresh Vegetables Variety MILK 1% Lowfat Chocolate Milk Fat Free Chocolate Milk Fat Free	Mar - 5 Catfish w/Hushpuppies Chic Chic Fillet w/Roll Cheeseburger Buffalo Chicken Pizza Country Wedge Potatoes Sandwich Trimmings Variety of Fresh Fruit Variety of Fruit Cups Variety of Fruit Juice Variety of Fruit Juice MILK 1% Lowfat Chocolate Milk Fat Free Chocolate Milk Fat Free	Mar - 6 Beefaroni Dinner Roll Chicken Patty Sandwich Chef Salad Chic Chic Fillet w/Roll Variety of Fresh Fruit Variety of Fruit Cups Variety of Fruit Juice Fresh Baby Carrots Fresh Vegetables Variety MILK 1% Lowfat Chocolate Milk Fat Free Chocolate Milk Fat Free	Mar - 7 PopCorn Chicken w/Rolls Yogurt Cup/Fruit Plate Cheeseburger Sliders Pepperoni Pizza BigDaddy Roasted Squash/Zucchini Variety of Fresh Fruit Variety of Fruit Cups Variety of Fruit Juice Fresh Vegetables Variety MILK 1% Lowfat Chocolate Milk Fat Free Chocolate Milk Fat Free	Mar - 8 Fiestada Pizza Spicy Chix/Baked Potato Dinner Roll Tornados w/Refried Beans Mixed Vegetables Variety of Fresh Fruit Variety of Fruit Cups Variety of Fruit Juice Fresh Vegetables Variety MILK 1% Lowfat Chocolate Milk Fat Free Chocolate Milk Fat Free
Mar - 11 Spring Break	Mar - 12 Spring Break	Mar - 13 Spring Break	Mar - 14 Spring Break	Mar - 15 Spring Break

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

** - denotes combined nutrient totals with either missing or incomplete nutrient data.*

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

Okeechobee County Schools

High School Lunch

Page 2

Feb 13, 2019

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Mar - 18</p> <p>No Teachers/ No Students</p>	<p>Mar - 19</p> <p>Taco Nachos Tossed Salad Cup Ham/Cheese Croissant Chicken Tenders w/ Rolls (HS) Buffalo Chicken Pizza Refried Bean w/Chs Variety of Fresh Fruit Variety of Fruit Cups Variety of Fruit Juice Fresh Vegetables Variety MILK 1% Lowfat Chocolate Milk Fat Free Chocolate Milk Fat Free</p>	<p>Mar - 20</p> <p>Chic Chic Fillet w/Roll PBJ Twin Pack Cheese Max Sticks w/Marinara Sweet Yellow Corn Variety of Fresh Fruit Variety of Fruit Cups Variety of Fruit Juice Fresh Baby Carrots MILK 1% Lowfat Chocolate Milk Fat Free Chocolate Milk Fat Free</p>	<p>Mar - 21</p> <p>BBQ Pork on Garlic Bread Chef Salad Flamin' Chicken Bites Pepperoni Pizza BigDaddy Oven Fries Variety of Fresh Fruit Variety of Fruit Cups Variety of Fruit Juice Cucumbers & Grape Tomatoes MILK 1% Lowfat Chocolate Milk Fat Free Chocolate Milk Fat Free</p>	<p>Mar - 22</p> <p>Personal Pepperoni Pizza Chicken Patty Sandwich Tornados w/Refried Beans Variety of Fresh Fruit Variety of Fruit Cups Variety of Fruit Juice Fresh Vegetables Variety MILK 1% Lowfat Chocolate Milk Fat Free Chocolate Milk Fat Free</p>
<p>Mar - 25</p> <p>Salisbury Steak/Potatoes Dinner Roll Ham & Chs Triple Play Hot Bites Wrap Spicy Chicken Sandwich Homestyle Baked Beans Variety of Fresh Fruit Variety of Fruit Cups Variety of Fruit Juice Fresh Vegetables Variety MILK 1% Lowfat Chocolate Milk Fat Free Chocolate Milk Fat Free</p>	<p>Mar - 26</p> <p>Catfish w/Hushpuppies Chic Chic Fillet w/Roll Cheeseburger Buffalo Chicken Pizza Country Wedge Potatoes Sandwich Trimmings Variety of Fresh Fruit Variety of Fruit Cups Variety of Fruit Juice MILK 1% Lowfat Chocolate Milk Fat Free Chocolate Milk Fat Free</p>	<p>Mar - 27</p> <p>Beefaroni Dinner Roll Chicken Patty Sandwich Chef Salad Chic Chic Fillet w/Roll Variety of Fresh Fruit Variety of Fruit Cups Variety of Fruit Juice Fresh Baby Carrots Fresh Vegetables Variety MILK 1% Lowfat Chocolate Milk Fat Free Chocolate Milk Fat Free</p>	<p>Mar - 28</p> <p>PopCorn Chicken w/Rolls Yogurt Cup/Fruit Plate Cheeseburger Sliders Pepperoni Pizza BigDaddy Roasted Squash/Zucchini Variety of Fresh Fruit Variety of Fruit Cups Variety of Fruit Juice Fresh Vegetables Variety MILK 1% Lowfat Chocolate Milk Fat Free Chocolate Milk Fat Free</p>	<p>Mar - 29</p> <p>Fiestada Pizza Spicy Chix/Baked Potato Dinner Roll Tornados w/Refried Beans Mixed Vegetables Variety of Fresh Fruit Variety of Fruit Cups Variety of Fruit Juice Fresh Vegetables Variety MILK 1% Lowfat Chocolate Milk Fat Free Chocolate Milk Fat Free</p>

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

** - denotes combined nutrient totals with either missing or incomplete nutrient data.*

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.