## Okeechobee County Schools Pre-K Lunch

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Monday	Tuesday	Wednesday	Thursday	Friday
Aug - 30	Aug - 31	Sep - 1	Sep - 2	Sep - 3
Chicken Chunks & Roll Oven Fries Variety of Fruit Cups MILK 1% Lowfat	Beef & Cheese Burrito Cucumbers & Grape Tomatoes Ranch Dressing Variety of Fruit Cups MILK 1% Lowfat	Beefaroni Toasted Garlic Bread Green Beans Variety of Fresh Fruit MILK 1% Lowfat	Breaded Chicken Garlic Breadstick California Blend Veggies Variety of Fruit Cups MILK 1% Lowfat	Pepperoni Pizza Fresh Baby Carrots Variety of Fruit Cups MILK 1% Lowfat
Sep - 6	Sep - 7	Sep - 8	Sep - 9	Sep - 10
HOLIDAY	Turkey & Cheese Sub Corn on the Cob Variety of Fresh Fruit MILK 1% Lowfat	Hotdog Green Beans Variety of Fruit Cups MILK 1% Lowfat	Chicken Chunks & Roll Fresh Baby Carrots Variety of Fruit Cups MILK 1% Lowfat	EARLY RELEASE DAY PBJ Jamwich & Muffin Mozzarella Cheese Stick Variety of Fruit Cups Fresh Baby Carrots MILK 1% Lowfat Chocolate Milk Fat Free Chocolate Milk Fat Free
Sep - 13	Sep - 14	Sep - 15	Sep - 16	Sep - 17
NO SCHOOL TODAY	PBJ Jamwich Mozzarella Cheese Stick Refried Bean w/Chs Variety of Fresh Fruit MILK 1% Lowfat	Breaded Chicken Dinner Roll Green Beans Variety of Fruit Cups MILK 1% Lowfat	Cheeseburger Cucumbers & Grape Tomatoes Variety of Fruit Cups MILK 1% Lowfat	Fiestada Pizza Fresh Baby Carrots Ranch Dressing Variety of Fruit Cups MILK 1% Lowfat
Sep - 20	Sep - 21	Sep - 22	Sep - 23	Sep - 24
Chicken Chunks & Roll Oven Fries Variety of Fruit Cups MILK 1% Lowfat	Beef & Cheese Burrito Cucumbers & Grape Tomatoes Ranch Dressing Variety of Fruit Cups MILK 1% Lowfat	Beefaroni Toasted Garlic Bread Green Beans Variety of Fresh Fruit MILK 1% Lowfat	Breaded Chicken Garlic Breadstick California Blend Veggies Variety of Fruit Cups MILK 1% Lowfat	Pepperoni Pizza Fresh Baby Carrots Variety of Fruit Cups MILK 1% Lowfat
Sep - 27	Sep - 28	Sep - 29	Sep - 30	
Chicken Wings/Bread Broccoli in Cheese Sauce Variety of Fruit Cups MILK 1% Lowfat	Turkey & Cheese Sub Corn on the Cob Variety of Fresh Fruit MILK 1% Lowfat	Hotdog Green Beans Variety of Fruit Cups MILK 1% Lowfat	Chicken Chunks & Roll Fresh Baby Carrots Variety of Fruit Cups MILK 1% Lowfat	

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

<sup>\*</sup>N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient.

<sup>\* -</sup> denotes combined nutrient totals with either missing or incomplete nutrient data.