

# Okeechobee County Schools

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Pre-K Lunch

Oct 31, 2019

Monday	Tuesday	Wednesday	Thursday	Friday
				Nov - 1  Stuffed Cheese Pizza Buddy Fruit Pouch Fresh Baby Carrots MILK 1% Lowfat
Nov - 4  Turkey & Cheese Mini Buddy Fruit Pouch Fresh Baby Carrots MILK 1% Lowfat	Nov - 5  Grilled Cheese Sandwich Hashbrown Rounds Orange Smiles MILK 1% Lowfat	Nov - 6  PBJ Jamwich & Muffin Colby Jack Cheese Stick Cucumbers & Dip (PS) Peach Cup MILK 1% Lowfat	Nov - 7  Mini Ravioli's/Meat Sauc Corn on the Cob Banana, Raw MILK 1% Lowfat	Nov - 8  Cheesy French Brd Pizza Homestyle Baked Beans Pear Cup MILK 1% Lowfat
Nov - 11  Turkey & Cheese Mini Mixed Vegetables Variety of Fruit Cups MILK 1% Lowfat	Nov - 12  Taco Nachos Refried Bean w/Chs Orange Smiles MILK 1% Lowfat	Nov - 13  Corn Dog Mini's Sweet Yellow Corn Banana, Raw MILK 1% Lowfat	Nov - 14  Chic Chic Fillet/Roll Cucumbers & Dip (PS) Variety of Fruit Cups MILK 1% Lowfat	Nov - 15  EARLY RELEASE DAY PBJ Jamwich & Muffin Mozzarella Cheese Stick Variety of Fruit Cups Fresh Baby Carrots MILK 1% Lowfat Chocolate Milk Fat Free Chocolate Milk Fat Free
Nov - 18  Ham/Cheese Croissant Broccoli in Cheese Sauce Mixed Fruit Cup MILK 1% Lowfat	Nov - 19  Breaded Chicken Dinner Roll California Blend Veggies Variety of Fresh Fruit MILK 1% Lowfat	Nov - 20  Turkey & Gravy Sweet Potato Souffle Green Beans Cornbread Stuffing Vanilla Cake	Nov - 21  PopCorn Chicken w/Roll Homestyle Baked Beans Orange Smiles MILK 1% Lowfat	Nov - 22  Stuffed Cheese Pizza Mixed Vegetables Peach Cup MILK 1% Lowfat
Nov - 25  NO SCHOOL TODAY	Nov - 26  NO SCHOOL TODAY	Nov - 27  NO SCHOOL TODAY	Nov - 28  HOLIDAY	Nov - 29  NO SCHOOL TODAY

*\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

*\* - denotes combined nutrient totals with either missing or incomplete nutrient data.*

**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.