## Okeechobee County Schools

Page 1 High School Breakfast Mar 19, 2024

Monday	Tuesday	Wednesday	Thursday	Friday
Apr - 1	Apr - 2	Apr - 3	Apr - 4	Apr - 5
7,51	7.0. 2	7,61	7.42.	7.0
Cereal & Muffin	Cheesy Bread Pullaparts	PBJ Sandwich/Cheesestick	French Toast with	Chicken Poppers/Brdstick
Donut Dunkin Stiks	PopTarts w/ Cheese Stick	Cereal & Muffin	Sausage Patties	PopTarts w/ Cheese Stick
Variety of Fresh Fruit	Cereal & Muffin	Variety of Fresh Fruit	Cereal & Muffin	Cereal & Muffin
Variety of Fruit Cups	Variety of Fresh Fruit	Variety of Fruit Cups	Variety of Fresh Fruit	Variety of Fresh Fruit
Variety of Fruit Juice	Variety of Fruit Cups	Variety of Fruit Juice	Variety of Fruit Cups	Variety of Fruit Cups
MILK 1% Lowfat	Variety of Fruit Juice	MILK 1% Lowfat	Variety of Fruit Juice	Variety of Fruit Juice
Chocolate Milk Fat Free	MILK 1% Lowfat	Chocolate Milk Fat Free	MILK 1% Lowfat	MILK 1% Lowfat
	Chocolate Milk Fat Free		Chocolate Milk Fat Free	Chocolate Milk Fat Free
Apr - 8	Apr - 9	Apr - 10	Apr - 11	Apr - 12
PBJ Sandwich/Cheesestick	Mini Pancakes/Bacon	Egg Patty/Chs Crossiant	Sausage Biscuit	Donut Dunkin Stiks
Cereal & Muffin	Donut Ring	Yogurt Cup/Cinnamon Roll	PopTarts w/ Cheese Stick	Cereal & Muffin
Variety of Fresh Fruit	Cereal & Muffin	Cereal & Muffin	Cereal & Muffin	Variety of Fresh Fruit
Variety of Fruit Cups	Variety of Fresh Fruit	Variety of Fresh Fruit	Variety of Fresh Fruit	Variety of Fruit Cups
Variety of Fruit Juice	Variety of Fruit Cups	Variety of Fruit Cups	Variety of Fruit Cups	Variety of Fruit Juice
MILK 1% Lowfat	Variety of Fruit Juice	Variety of Fruit Juice	Variety of Fruit Juice	MILK 1% Lowfat
Chocolate Milk Fat Free	MILK 1% Lowfat	MILK 1% Lowfat	MILK 1% Lowfat	Chocolate Milk Fat Free
Onocolate William at 1 100	Chocolate Milk Fat Free	Chocolate Milk Fat Free	Chocolate Milk Fat Free	Onocolate Willer at 1 100
	Choolate Will Lat 1700	Onocolate Will Tat 1100	Choolate Wilk Lat Lice	
Apr - 15	Apr - 16	Apr - 17	Apr - 18	Apr - 19
PBJ Sandwich/Cheesestick	French Toast with	Chix Poppers w/Waffle	Mini Pancakes/Sausages	Egg/Chs on Biscuit
PopTarts w/ Cheese Stick	Sausage Patties	Donut Ring	Cereal & Muffin	Yogurt Cup/Cinnamon Roll
Cereal & Muffin	Cereal & Muffin	Cereal & Muffin	Variety of Fresh Fruit	Cereal & Muffin
Variety of Fresh Fruit	Variety of Fresh Fruit	Variety of Fresh Fruit	Variety of Fruit Cups	Variety of Fresh Fruit
Variety of Fruit Cups	Variety of Fruit Cups	Variety of Fruit Cups	Variety of Fruit Juice	Variety of Fruit Cups
Variety of Fruit Juice	Variety of Fruit Juice	Variety of Fruit Juice	MILK 1% Lowfat	Variety of Fruit Juice
MILK 1% Lowfat	MILK 1% Lowfat	MILK 1% Lowfat	Chocolate Milk Fat Free	MILK 1% Lowfat
Chocolate Milk Fat Free	Chocolate Milk Fat Free	Chocolate Milk Fat Free		Chocolate Milk Fat Free
Apr - 22	Apr - 23	Apr - 24	Apr - 25	Apr - 26
Cereal & Muffin	Cheesy Bread Pullaparts	PBJ Sandwich/Cheesestick	French Toast with	Chicken Poppers/Brdstick
Donut Dunkin Stiks	PopTarts w/ Cheese Stick	Cereal & Muffin	Sausage Patties	PopTarts w/ Cheese Stick
Variety of Fresh Fruit	Cereal & Muffin	Variety of Fresh Fruit	Cereal & Muffin	Cereal & Muffin
Variety of Fruit Cups	Variety of Fresh Fruit	Variety of Fruit Cups	Variety of Fresh Fruit	Variety of Fresh Fruit
Variety of Fruit Juice	Variety of Fruit Cups	Variety of Fruit Juice	Variety of Fruit Cups	Variety of Fruit Cups
MILK 1% Lowfat	Variety of Fruit Juice	MILK 1% Lowfat	Variety of Fruit Juice	Variety of Fruit Juice
Chocolate Milk Fat Free	MILK 1% Lowfat	Chocolate Milk Fat Free	MILK 1% Lowfat	MILK 1% Lowfat
	Chocolate Milk Fat Free		Chocolate Milk Fat Free	Chocolate Milk Fat Free
				3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

<sup>\*</sup>N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient.

<sup>\* -</sup> denotes combined nutrient totals with either missing or incomplete nutrient data.

## Okeechobee County Schools

Page 2 High School Breakfast Mar 19, 2024

1 490 2		riigir Corioor Breakiast		Mai 15, 202+	
Monday	Tuesday	Wednesday	Thursday	Friday	
Apr - 29	Apr - 30				
PBJ Sandwich/Cheesestick	Mini Pancakes/Bacon				
Cereal & Muffin	Donut Ring				
Variety of Fresh Fruit	Cereal & Muffin				
Variety of Fruit Cups	Variety of Fresh Fruit				
Variety of Fruit Juice	Variety of Fruit Cups				
MILK 1% Lowfat	Variety of Fruit Juice				
Chocolate Milk Fat Free	MILK 1% Lowfat				
	Chocolate Milk Fat Free				

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

<sup>\* -</sup> denotes combined nutrient totals with either missing or incomplete nutrient data.