Okeechobee County Schools

Page 1 Middle School Breakfast Apr 6, 2022

Monday	Tuesday	Wednesday	Thursday	Friday
May - 2	May - 3	May - 4	May - 5	May - 6
Grilled Cheese Sandwich	Sausage Biscuit	Fried Egg/Chs Croissant	Waffle Mini's	Donut Cluster
Pop Tart w/ Cheese Stick	Donut Ring	Yogurt Cup/Cinnamon Roll	Pop Tart w/ Cheese Stick	Cereal & Muffin
Variety of Fresh Fruit	Variety of Fresh Fruit	Variety of Fresh Fruit	Variety of Fresh Fruit	Variety of Fresh Fruit
Variety of Fruit Cups	Variety of Fruit Cups	Variety of Fruit Cups	Variety of Fruit Cups	Variety of Fruit Cups
Variety of Fruit Juice	Variety of Fruit Juice	Variety of Fruit Gups	Variety of Fruit Cups Variety of Fruit Juice	Variety of Fruit Cups Variety of Fruit Juice
WILK 1% Lowfat	MILK 1% Lowfat	MILK 1% Lowfat	MILK 1% Lowfat	MILK 1% Lowfat
Chocolate Milk Fat Free		Chocolate Milk Fat Free	Chocolate Milk Fat Free	
Chocolate Milk Fat Free	Chocolate Milk Fat Free	Chocolate Wilk Fat Free	Chocolate Wilk Fat Free	Chocolate Milk Fat Free
May - 9	May - 10	May - 11	May - 12	May - 13
Egg & Cheese Hot Pocket	French Toast with	Chicken Poppers/Brdstick	Mini Pancakes	Egg Patty on Biscuit
Pop Tart w/ Cheese Stick	Sausage Patty	Donut Ring	Cereal & Muffin	Cheese Breadstick
Variety of Fresh Fruit	Cereal & Muffin	Variety of Fresh Fruit	Variety of Fresh Fruit	Variety of Fresh Fruit
Variety of Fruit Cups	Variety of Fresh Fruit	Variety of Fruit Cups	Variety of Fruit Cups	Variety of Fruit Cups
√ariety of Fruit Juice	Variety of Fruit Cups	Variety of Fruit Juice	Variety of Fruit Juice	Variety of Fruit Juice
MILK 1% Lowfat	Variety of Fruit Juice	MILK 1% Lowfat	MILK 1% Lowfat	MILK 1% Lowfat
Chocolate Milk Fat Free	MILK 1% Lowfat	Chocolate Milk Fat Free	Chocolate Milk Fat Free	Chocolate Milk Fat Free
onocolate Milit at 1700	Chocolate Milk Fat Free	Shootate William Fac Foo	Choosiate Mint at 1100	Gliosofiate Militer at 1 100
May - 16	May - 17	May - 18	May - 19	May - 20
Fried Egg/Chs Croissant	Sausage Biscuit	Mini Pancakes	Egg/Bacon/Chs on Biscuit	Chicken Nuggets and
Donut Cluster	Pop Tart w/ Cheese Stick	Cereal & Muffin	Cereal & Muffin	Waffle
Variety of Fresh Fruit	Variety of Fresh Fruit	Variety of Fresh Fruit	Variety of Fresh Fruit	Pop Tart w/ Cheese Stick
Variety of Fruit Cups	Variety of Fruit Cups	Variety of Fruit Cups	Variety of Fruit Cups	Variety of Fresh Fruit
Variety of Fruit Juice	Variety of Fruit Juice	Variety of Fruit Juice	Variety of Fruit Juice	Variety of Fruit Cups
MILK 1% Lowfat	MILK 1% Lowfat	MILK 1% Lowfat	MILK 1% Lowfat	Variety of Fruit Juice
Chocolate Milk Fat Free	Chocolate Milk Fat Free	Chocolate Milk Fat Free	Chocolate Milk Fat Free	MILK 1% Lowfat
onocolate wint rat rice	Onocolate Wilk Fat Free	Onecolate Wink Lat Lice	Onocolate Willer at 1700	Chocolate Milk Fat Free
May - 23	May - 24	May - 25	May - 26	May - 27
Grilled Cheese Sandwich	Sausage Biscuit	Fried Egg/Chs Croissant	Waffle Mini's	
Pop Tart w/ Cheese Stick	Donut Ring	Yogurt Cup/Cinnamon Roll	Pop Tart w/ Cheese Stick	
Variety of Fresh Fruit	Variety of Fresh Fruit	Variety of Fresh Fruit	Variety of Fresh Fruit	
Variety of Fruit Cups	Variety of Fruit Cups	Variety of Fruit Cups	Variety of Fruit Cups	
Variety of Fruit Juice	Variety of Fruit Cups Variety of Fruit Juice	Variety of Fruit Cups Variety of Fruit Juice	Variety of Fruit Cups Variety of Fruit Juice	
Variety of Fruit Juice MILK 1% Lowfat	MILK 1% Lowfat	MILK 1% Lowfat	MILK 1% Lowfat	
Chocolate Milk Fat Free	Chocolate Milk Fat Free	Chocolate Milk Fat Free	Chocolate Milk Fat Free	
Mav - 30	May - 31			

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

^{*}N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.

^{* -} denotes combined nutrient totals with either missing or incomplete nutrient data.